

## Eating and drinking rules for your child before surgery

### Older than 12 Months

#### Patients twelve months and older

- No solid food after midnight
- Clear liquids until 4 hours prior to surgery
  - Water
  - Pedialyte
  - Apple Juice
  - Cranberry juice
  - Gatorade

### Younger than 12 Months

#### Patients twelve months and under

- **Breast Fed infants**
  - Breast milk or clear liquids until 4 hours prior to surgery
- **Formula Fed infants**
  - No formula after midnight
  - Clear liquids until 4 hours prior to surgery

#### Please remember:

No gum, no candy, no jewelry, no body piercings, no eye contacts, no make-up and no nail polish.

If you develop a cold, cough, fever or flu-symptoms, please notify your surgeon immediately, it may be safer to delay the surgery in some circumstances.

\*The preoperative nurse will call you the day before to go over any necessary medications to take in the morning of your child's surgery.

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