



ELLIOT  
GOES TO THE DOCTOR'S OFFICE

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MY BODY NEEDS AN EEG  
(TAKE HOME)

 **The Elliot**  
A Member of  SOLUTIONHEALTH

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Hi, my name is Elliot!

I came to the hospital  
because the doctor  
needs to see how my  
brain is working.





Lots of kids come to the doctor's office for EEGs.

I can choose to bring a comfort item with me  
from home!

(blanket, stuffed animal, small pillow, etc)







We will go to the third floor. We will walk to the front desk to let them know I am here.



Then, we will sit down. An EEG Tech will bring me and my grown-up to my EEG room.





When I arrive to my EEG room, there will be a comfortable bed for me to lay on and a TV. My grown-up can sit next to me.

I can choose a calm activity while they set up my EEG.

I can choose:

My tablet

TV

Reading a book

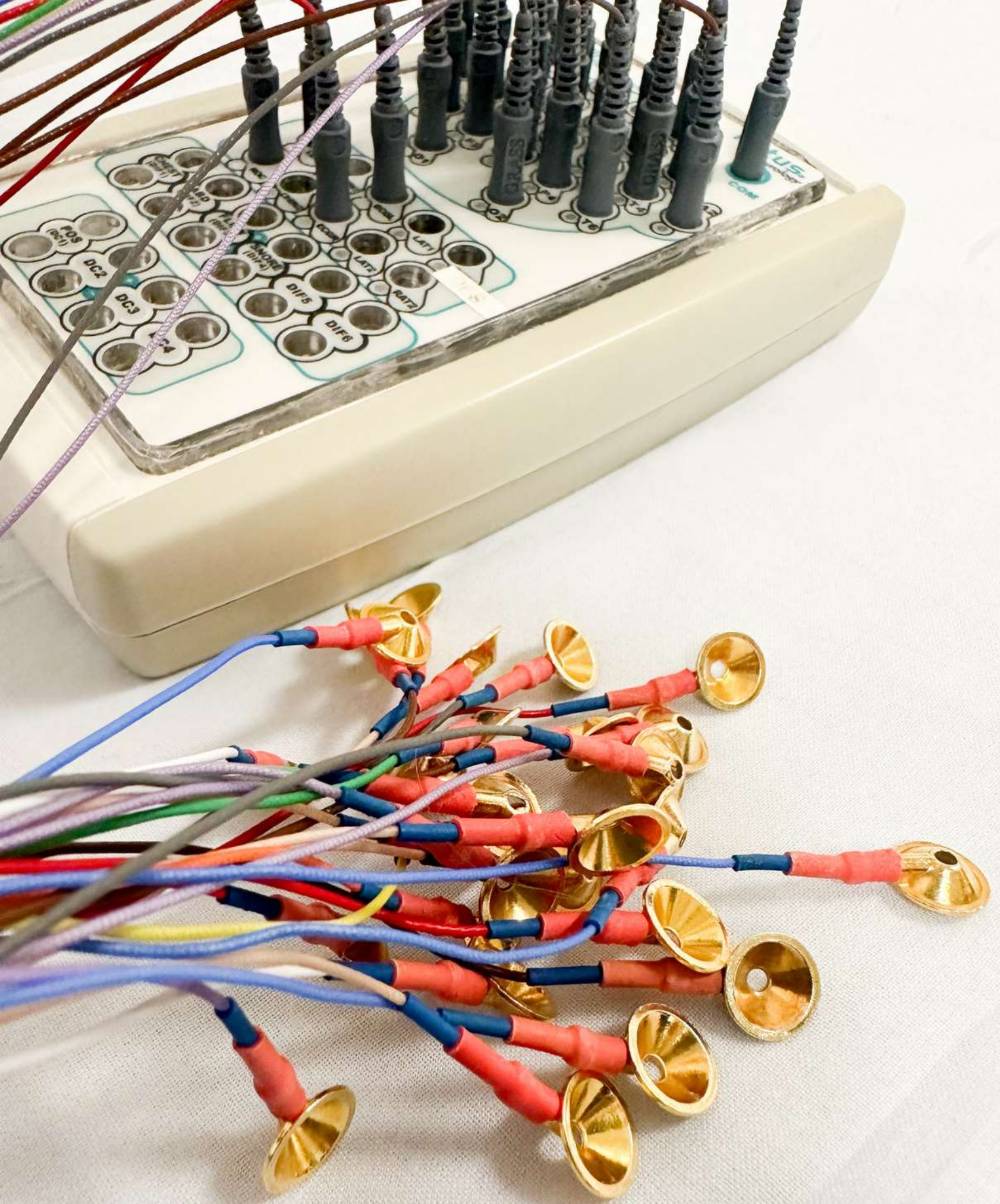
Coloring





My EEG tech will measure my head and use a washable skin marker to mark where the electrodes will be placed.





Electrodes are colorful strings that help them see how my brain is working.  
Electrodes do not hurt my body.





My tech will clean small areas of my head with soap and a cotton swab.





Then, my electrodes will be placed where they need to be, using washable paste, a special glue, and small cloths. The special glue may have a strong smell.





They will use a special blow dryer, attached to a small tube that looks like a straw. The blow dryer will blow air to help the glue dry.  
It may sound loud.

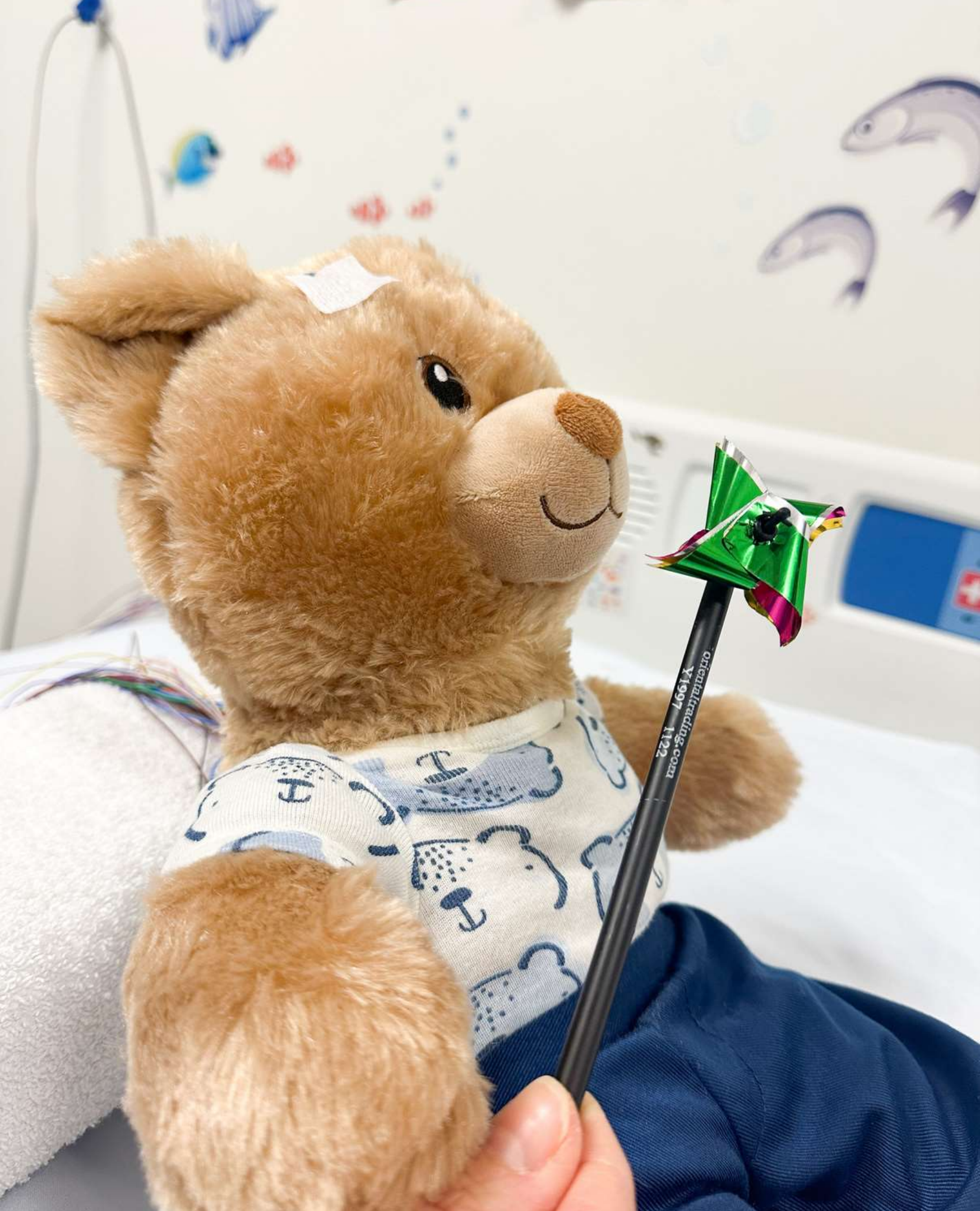




Once all my electrodes are on my head, I will do some silly tasks to help them learn more about my body.

They will ask me to open and close my eyes. There will be a bright light to look at.





Then, I will take big deep breaths for about 3 minutes.





I will go home to finish my EEG. To keep my electrodes in place, I will have a soft head cover, like a hat.

They will give me a backpack to borrow for my EEG. I will carry this home with me and keep it safe.





When I get home I can choose calm activities for the rest of the day.

Some kids choose:

Watching a movie

Coloring

Painting

Play-doh

Playing a board game

At night time, I will go to bed with my electrodes on. I can fall asleep like normal.





Then, I will wake up the next morning and go back to the doctor's office to get my electrodes removed!

I will bring the backpack with me.





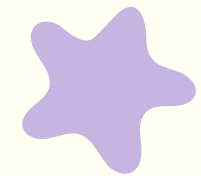
I will lay on the comfortable bed again so my electrodes can be gently removed.

They will use a washcloth and special soap to help take my electrodes off.





When my EEG is all done, I can go home.  
Everyone will be so proud of me!



*Please Note: Your child's plan of care may change from the steps listed, in order to meet your child's individual needs.*



If you have additional questions or concerns regarding how to support your child with their upcoming test / procedure, please contact our team of Certified Child Life Specialists.

Office Phone: (603) 663-3416

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