





ELLIOT  
GOES TO THE DOCTOR'S OFFICE

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MY BODY NEEDS AN EEG

 **The Elliot**  
A Member of  SOLUTIONHEALTH

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Hi, my name is Elliot!

I came to the hospital  
because the doctor  
needs to see how my  
brain is working.





Lots of kids come to the doctor's office for EEGs. To get my body ready for my EEG, I will stay awake for a long time before I come in.



I can choose to bring a comfort item with me from home!  
(blanket, stuffed animal, small pillow, etc)





We will go to the third floor. We will walk to the front desk to let them know I am here.

Then, we will sit down. An EEG tech will bring me and my grown-up to my EEG room.







When I arrive to my EEG room, there will be a comfortable bed for me to lay on and a TV. My grown-up can sit next to me.

I can choose a calm activity while they set up my EEG.

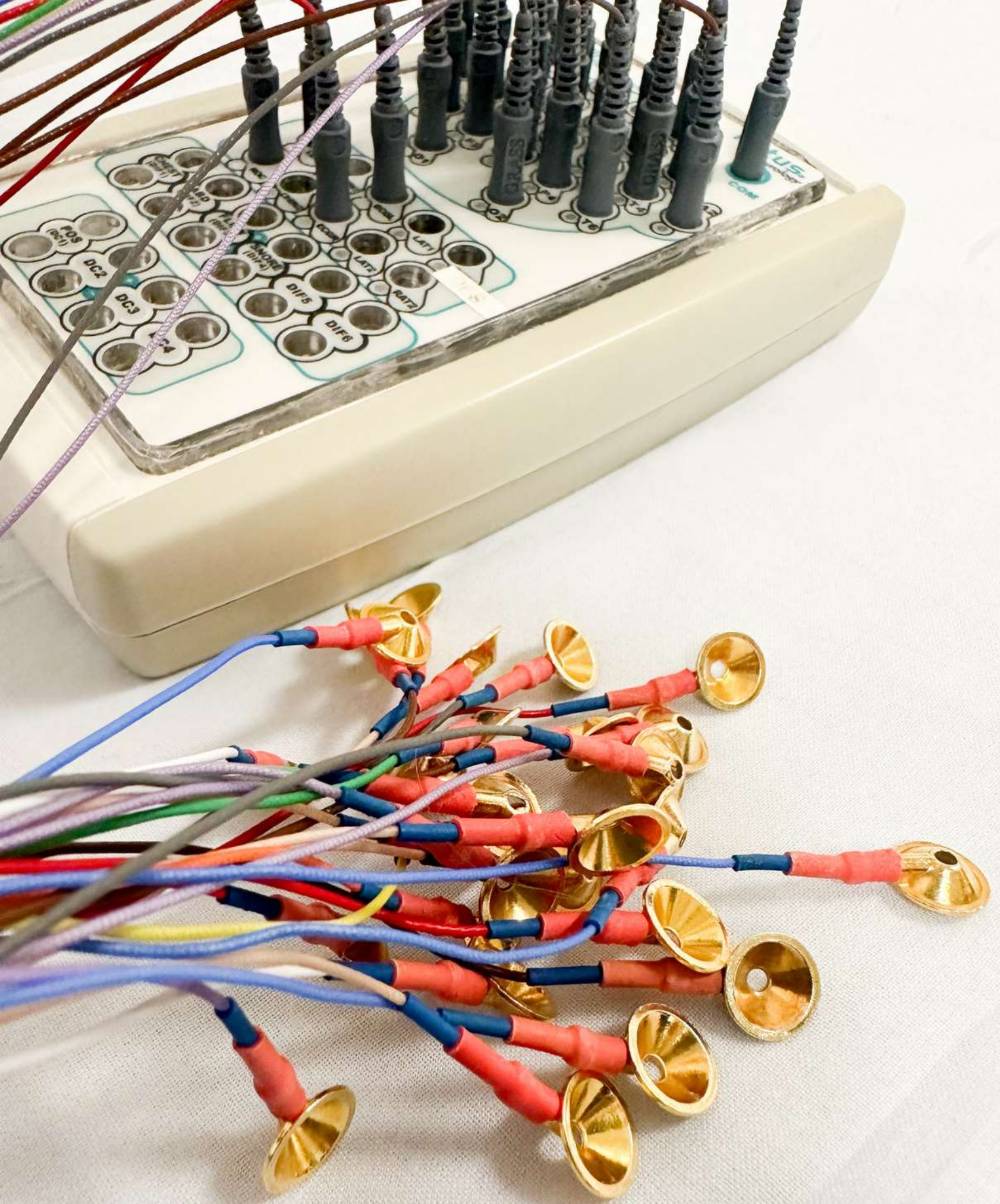
I can choose:  
My tablet  
TV  
Reading a book  
Coloring





My tech will measure my head and use a washable skin marker to mark where the electrodes will be placed.





Electrodes are colorful strings that help them see how my brain is working.  
Electrodes do not hurt my body.





My tech will clean small areas of my head with soap and a cotton swab.





Then, my electrodes will be placed where they need to be, using washable paste and small stickers.





They may also wrap my head with a soft cloth to keep my electrodes in place.

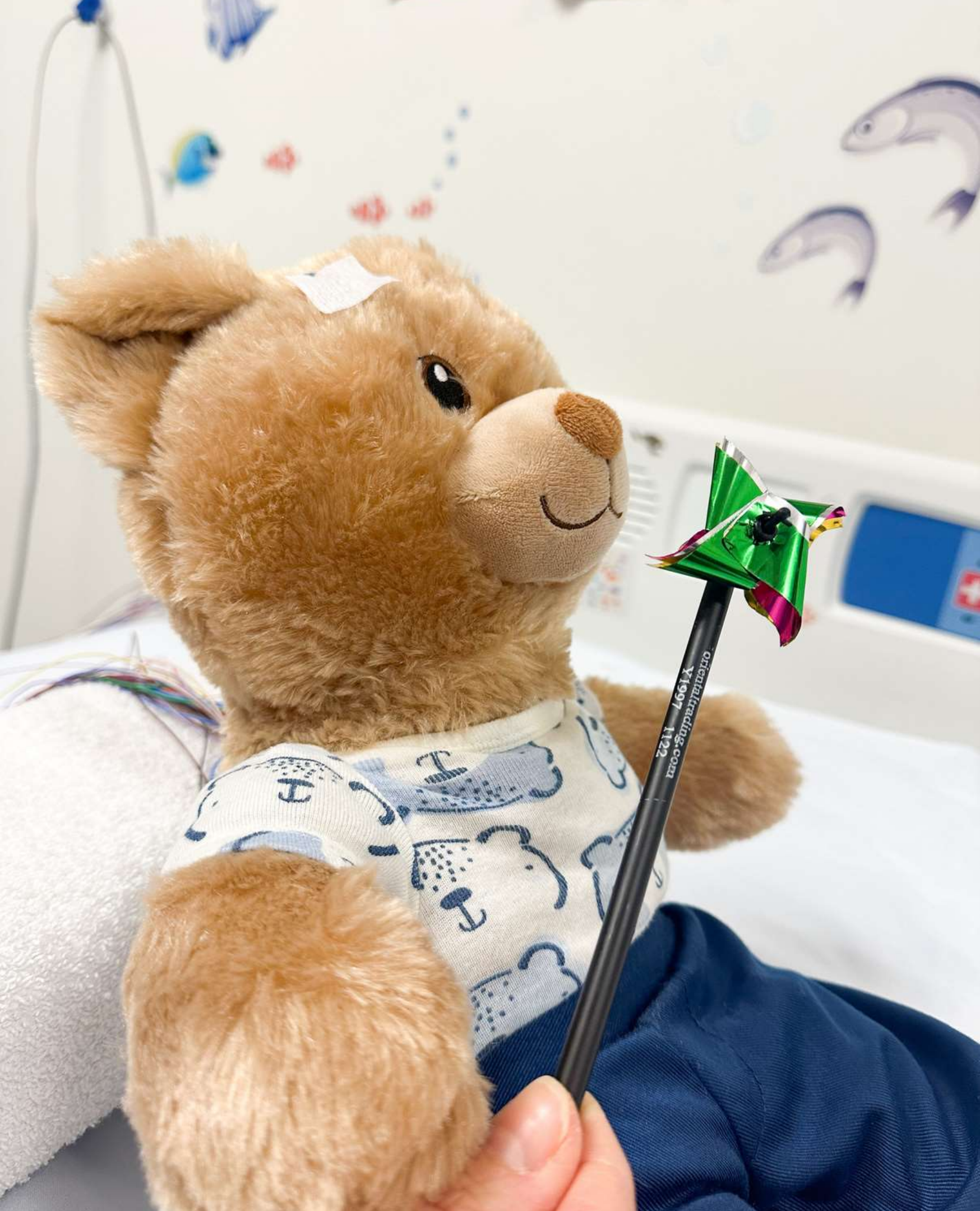




Once all my electrodes are on my head, I will do some silly tasks to help them learn more about my body.

They will ask me to open and close my eyes. There will be a bright light to look at.





Then, I will take big deep breaths for about 3 minutes.





Then, I will fall asleep. My grown-up can stay with me.

While I am asleep, my techs will be able to see how my brain is working.

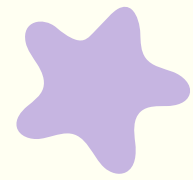




When my EEG is done, my tech will take off my electrode stickers. They will use a washcloth and some gentle spray soap.

I can wash my hair when I get home.

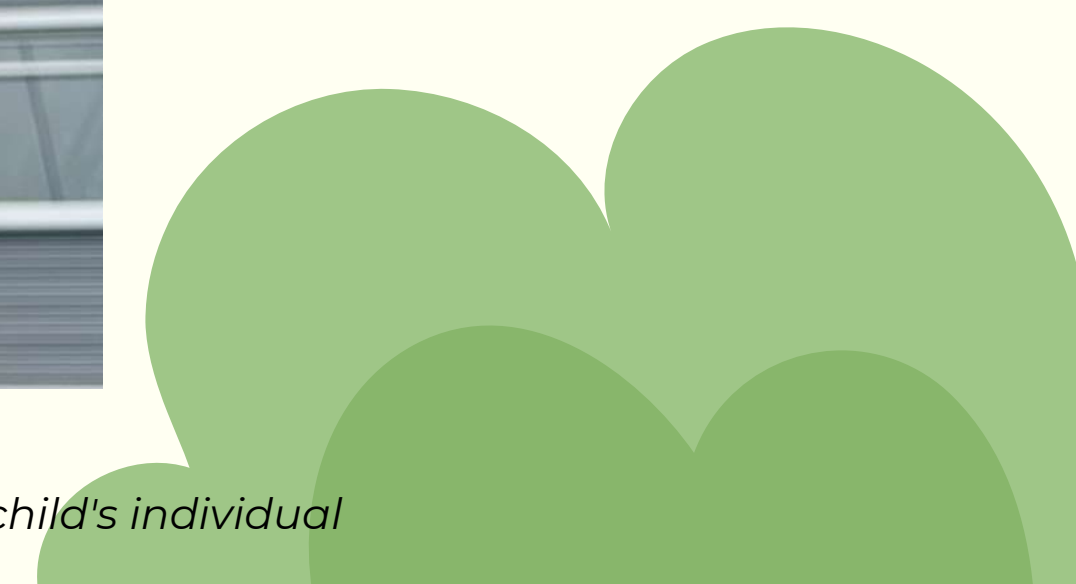




When my EEG is all done, I can go home.  
Everyone will be so proud of me!



*Please Note: Your child's plan of care may change from the steps listed, in order to meet your child's individual needs.*





If you have additional questions or concerns regarding how to support your child with their upcoming test / procedure, please contact our team of Certified Child Life Specialists.

Office Phone: (603) 663-3416

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