

# Back-to-School Healthcare Necessities: A Must-Have Guide for Parents

Keep your medicine cabinet safe from children and stocked with these items:

## Basic First Aid Supplies

- Band-Aids (various sizes)
- Antiseptic Wipes
- Gauze Pads and Rolls
- Adhesive Tape
- Hydrogen Peroxide
- Antibiotic Ointment (e.g., Neosporin)
- Burn Cream or Gel
- Tweezers and Scissors
- Instant Cold Packs
- Thermometer

## For Children with Specific Needs

- EpiPens
- Inhalers
- Insulin and Testing Supplies

## Over-the-Counter Medications

- Acetaminophen (Tylenol)
- Ibuprofen (Advil, Motrin)
- Antihistamines (e.g., Benadryl)
- Hydrocortisone Cream
- Cough Drops
- Throat Lozenges

## Miscellaneous

- Tissues
- Wet Wipes
- Emergency Contact Information Sheets



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