



# HANDHOLD FOR HEAD & NECK PATIENTS

Handhold is a support group for Head and Neck Cancer patients and their caregivers. Each month we will meet to discuss topics of interest to those with this diagnosis. Tentative topics include: Nutrition; Dealing with fatigue; Work and Cancer and Exercise.

▶ **DATE**

April 16, May 21,  
June 18, and August 20.  
4:00pm - 5:30pm

**LOCATION**

Remote via Zoom  
& in person at the Elliot  
Regional Cancer Center.  
40 Buttrick Road  
Londonderry, NH

**MORE INFO**

For more information  
and to register,  
call 603-552-1628.



**SOLUTIONHEALTH**  
**Cancer Institute**

Solinsky Center for Cancer Care  
at The Elliot



SUPPORT FOR PEOPLE WITH ORAL AND HEAD AND NECK CANCER | EST. 1991