



HANDHOLD FOR HEAD & NECK PATIENTS

Handhold is a support group for Head and Neck Cancer patients and their caregivers. Each month we will meet to discuss topics of interest to those with this diagnosis. Tentative topics include: Nutrition; Dealing with fatigue; Work and Cancer and Exercise.

▶ **DATE**

January 15, February 19
and March 19, 2025.
4:00pm - 5:30pm

LOCATION

Remote via Zoom
& in person at the Elliot
Regional Cancer Center.
40 Buttrick Road
Londonderry, NH

MORE INFO

For more information
and to register,
call 603-552-1628.



SOLUTIONHEALTH
Cancer Institute

Solinsky Center for Cancer Care
at The Elliot



SUPPORT FOR PEOPLE WITH ORAL AND HEAD AND NECK CANCER | EST. 1991