

ElliotHealthSystem
Behavioral Health Services

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 Manchester, NH 03109
 Tel: (603) 668-4079 Fax: (603) 663-8605

ADULT INTAKE

| | | | |
|--|----------------|---------------------|-----|
| DATE | PATIENT'S NAME | DATE OF BIRTH | AGE |
| OCCUPATION/SCHOOL (Grade) | | PLACE OF EMPLOYMENT | |
| MARITAL/RELATIONSHIP HISTORY | | | |
| <input type="checkbox"/> SINGLE <input type="checkbox"/> LIFE PARTNER <input type="checkbox"/> WIDOWED <input type="checkbox"/> DIVORCED <input type="checkbox"/> MARRIED YEARS _____ | | | |
| NUMBER OF PREVIOUS MARRIAGES _____ | | | |

| CURRENT HOUSEHOLD MEMBERS | | |
|---------------------------|-----|-------------------------|
| NAME | AGE | RELATIONSHIP TO PATIENT |
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| CHILDREN NOT LIVING INSIDE THE HOME | | |
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Briefly describe why the patient is here today:

What does the patient hope to accomplish as a result of treatment at EBHS?

PCL-5

Instructions: Below is a list of problems that people sometimes have in response to a very stressful experience. Please read each problem carefully and then circle one of the numbers to the right to indicate how much you have been bothered by that problem in the past month.

| In the past month, how much were you bothered by: | Not at all | A little bit | Moderately | Quite a bit | Extremely |
|--|------------|--------------|------------|-------------|-----------|
| 1. Repeated, disturbing, and unwanted memories of the stressful experience? | 0 | 1 | 2 | 3 | 4 |
| 2. Repeated, disturbing dreams of the stressful experience? | 0 | 1 | 2 | 3 | 4 |
| 3. Suddenly feeling or acting as if the stressful experience were actually happening again (as if you were actually back there reliving it)? | 0 | 1 | 2 | 3 | 4 |
| 4. Feeling very upset when something reminded you of the stressful experience? | 0 | 1 | 2 | 3 | 4 |
| 5. Having strong physical reactions when something reminded you of the stressful experience (for example, heart pounding, trouble breathing, sweating)? | 0 | 1 | 2 | 3 | 4 |
| 6. Avoiding memories, thoughts, or feelings related to the stressful experience? | 0 | 1 | 2 | 3 | 4 |
| 7. Avoiding external reminders of the stressful experience (for example, people, places, conversations, activities, objects, or situations)? | 0 | 1 | 2 | 3 | 4 |
| 8. Trouble remembering important parts of the stressful experience? | 0 | 1 | 2 | 3 | 4 |
| 9. Having strong negative beliefs about yourself, other people, or the world (for example, having thoughts such as: I am bad, there is something seriously wrong with me, no-one can be trusted; the world is completely dangerous)? | 0 | 1 | 2 | 3 | 4 |
| 10. Blaming yourself or someone else for the stressful experience or what happened after it? | 0 | 1 | 2 | 3 | 4 |
| 11. Having strong negative feelings such as fear, horror, anger, guilt, or shame? | 0 | 1 | 2 | 3 | 4 |
| 12. Loss of interest in activities that you used to enjoy? | 0 | 1 | 2 | 3 | 4 |
| 13. Feeling distant or cut off from other people? | 0 | 1 | 2 | 3 | 4 |
| 14. Trouble experiencing positive feelings (for example, being unable to feel happiness or have loving feelings or people close to you)? | 0 | 1 | 2 | 3 | 4 |
| 15. Irritable behavior, angry outbursts, or acting aggressively? | 0 | 1 | 2 | 3 | 4 |
| 16. Taking too many risks or doing things that could cause you harm? | 0 | 1 | 2 | 3 | 4 |
| 17. Being "super alert" or watchful or on guard? | 0 | 1 | 2 | 3 | 4 |
| 18. Feeling jumpy or easily startled? | 0 | 1 | 2 | 3 | 4 |
| 19. Having difficulty concentrating? | 0 | 1 | 2 | 3 | 4 |
| 20. Trouble falling or staying asleep? | 0 | 1 | 2 | 3 | 4 |

| Please Check Frequency of Symptoms Over Past 2 Weeks | None | Several Days | Half of The Days | Nearly Everyday | Everyday |
|--|-------------|---------------------|-------------------------|------------------------|-----------------|
| Persistent intrusive thoughts or images that run through his or her head | | | | | |
| Repetitive Hand Washing | | | | | |
| Repetitive Counting | | | | | |
| Repetitive Checking | | | | | |
| Repetitive Ordering | | | | | |
| Repetitive Praying | | | | | |
| Repeating Words Silently | | | | | |
| Repetitive Questioning | | | | | |
| Picking or hair pulling | | | | | |
| Palpitations, chest pain or discomfort | | | | | |
| Not being able to stop or control worrying | | | | | |
| Trembling or Shaking | | | | | |
| Easily annoyed or irritable | | | | | |
| Nausea or upset stomach | | | | | |
| Fear of Dying | | | | | |
| Trouble relaxing | | | | | |
| Chills or hot flashes | | | | | |
| Dizziness, unsteadiness, lightheaded or faint | | | | | |
| Feelings of being detached from oneself | | | | | |
| Feelings of losing control or going crazy | | | | | |
| Avoids places that bring on these feelings | | | | | |
| Sensitive to tastes, smells, texture or noises | | | | | |
| Please Check Frequency of Symptoms over past 2 Weeks | None | Several Days | Half of the days | Nearly Everyday | Everyday |
| Fail to pay close attention to details in school work, work or other activities | | | | | |
| Has difficulty sustaining attention in tasks or leisure activities | | | | | |
| Fidget or squirms with hands or feet when having to sit for a long time | | | | | |
| Difficulty getting things in order when you have to do a task that requires organization | | | | | |
| Avoids or delays getting started on tasks | | | | | |
| Restless or overactive feelings | | | | | |
| Excitable, impulsive behaviors | | | | | |
| Demands must be met immediately | | | | | |
| Easily frustrated | | | | | |
| Mood changes quickly and drastically | | | | | |

Name: _____

MEDICAL HISTORY

NONE

DOB:

| | |
|---|--------------|
| Please list medical problems that the patient has or has had in the past (diabetes, heart disease, cancer, etc.): | |
| Condition | Onset (Year) |
| | |
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| | |
| P lease list all surgeries that the patient has had: | Year |
| | |
| | |
| | |
| | |
| DATE OF LAST PHYSICAL EXAM: | |

PSYCHIATRIC HISTORY

NONE

| | | |
|---|-------|-------------------|
| P lease list psychiatric problems that the patient has had in the past. | | |
| Problem | Dates | Type of Treatment |
| | | |
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|--|--------|--------------|
| Please list prior psychiatric hospitalizations | | |
| Reason | Where? | When? (Year) |
| | | |
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|-----------------------------------|-------|-----------------------|
| Please list previous medications. | | |
| Medication/Doses | Dates | Response/Side Effects |
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ALLERGIES (PLEASE LIST):

| | | |
|---|------------|--------------------|
| CURRENT MEDICATIONS: Include all medications prescribed by physicians as well as over the counter medications including herbs and supplements. Please be accurate. | | |
| Medication | Prescriber | Dose and Frequency |
| | | |
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| | | |
| | | |

Name:

D.O.B.:

SOCIAL HISTORY

| | | |
|--|--|-------------------------|
| Was the patient adopted? | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, at what age? |
| Are the patient's parents divorced? | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, at what age? |
| Where did the patient grow up? | | |
| How far did the patient get in school? (Grade, High School, College, etc.): | | |
| Was the patient ever in a special class or provided with special services? If so, please describe: | | |
| What kind of grades did the patient receive while in school? | | |
| Was the patient ever held back in school? | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, in which grade? |
| Religion: | | |

FAMILY HISTORY

| | |
|---|-----------------------------------|
| Does anyone in the patient's biological family have a psychiatric illness or a problem with drugs? <input type="checkbox"/> Yes <input type="checkbox"/> No | |
| If yes, please list relationship to patient: | Psychiatric illness or addiction: |
| | |
| | |
| | |

SUBSTANCE HISTORY

| | Current | Past | How much a day | How many years |
|---|---------|------|----------------|--|
| Cigarettes | 0 | 0 | | |
| Alcohol | 0 | 0 | | |
| Marijuana | 0 | 0 | | |
| Cocaine ("crack") | 0 | 0 | | |
| LSD, mescaline, peyote | 0 | 0 | | |
| "Downers," barbiturates, valium, Ativan, sedatives | 0 | 0 | | |
| Narcotics (heroin, morphine, methadone, oxycontin) | 0 | 0 | | |
| Amphetamines (Dexedrine, "speed," "uppers," "diet pills, stimulants) | 0 | 0 | | |
| Solvents (glue, gasoline, chloroform, ether, paint) | 0 | 0 | | |
| Other substances | 0 | 0 | | |
| Has use of one of these substances ever led to problems at work, school, legal problems, social problems, or engagement in risky or hazardous behavior? | | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Does the patient find that he/she needs more of the substance to achieve a "high" or desired effect? | | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |

MEDICAL HISTORY

(PATIENTS UNDER THE AGE OF 18)

Name

D.O.B:

| | | | |
|---|---------------------|---------------|-----|
| NAME OF MOTHER | | DATE OF BIRTH | AGE |
| MOTHER'S OCCUPATION | PLACE OF EMPLOYMENT | | |
| MOTHER'S MARITAL/RELATIONSHIP HISTORY | | | |
| <input type="checkbox"/> SINGLE <input type="checkbox"/> LIFE PARTNER <input type="checkbox"/> WID O WED <input type="checkbox"/> DIVORCED <input type="checkbox"/> MARR IED YEARS NUMBER OF PREVIOUS MARRIAGES | | | |

| | | | |
|--|---------------------|---------------|-----|
| NAME OF FATHER | | DATE OF BIRTH | AGE |
| FATHER'S OCCUPATION | PLACE OF EMPLOYMENT | | |
| FATHER'S MARITAL/RELATIONSHIP HISTORY | | | |
| <input type="checkbox"/> SINGLE <input type="checkbox"/> LIFE PARTNER <input type="checkbox"/> WIDOWED <input type="checkbox"/> DIVORCED <input type="checkbox"/> MARRIED YEARS NUMBER OF PREVIOUS MARRIAGES | | | |

| | | |
|---|-----|-------|
| BIOLOGICAL/STEP SIBLINGS OF PATIENT (Please use back of sheet if you need more space) | | |
| NAME | AGE | GRADE |
| | | |
| | | |
| | | |
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|---|---|
| PREGNANCY | |
| Did the mother experience any unusual illness, condition or accident such as German measles, RH incompatibility, false labor, etc.? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| If yes, please describe: | |
| Was the mother taking prescription meds or using illegal substances during pregnancy? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| If yes, please list: | |
| Length of pregnancy (weeks): | Duration of labor (hours): |
| Birth weight: | Was this a planned pregnancy? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Problems with pregnancy and delivery (breach birth, Caesarean, etc.)? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| If yes, please describe: | |
| Did the baby experience any problems after delivery? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| If yes, please describe: | |
| FEEDING | |
| Did the child have any feeding problems? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| If yes, please describe: | |
| DEVELOPMENTAL | |

| | |
|---|--|
| Did the child reach developmental milestones on time (walking, toilet training, talking, dressing and undressing self)? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Describe infant's temperament: | |
| Did the child have difficulty with strangers or separating from parents? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Please explain developmental concerns, if any: | |

Signature of Patient _____ Date: _____

Signature of Guardian _____ Date: _____