Many people are confused about the role of a geriatrician and the benefits of choosing such a physician as their primary care provider. In short, a geriatrician is a specialist who focuses solely on the medical conditions of seniors, managing the multiple illnesses and chronic conditions associated with aging. As a person gets older, it’s common to become affected by more than one medical condition at a time, often resulting in multiple medications. Geriatricians have received special training in the health issues of older adults and are dedicated to providing a unique service to the seniors they treat. A geriatrician addresses a patient’s physical needs, but also the mental health and social needs they may be facing.

The geriatricians at Elliot Senior Health Primary Care in Manchester have the benefit of an entire healthcare team to enhance the care their patients receive. Nurse Practitioners provide medical care to patients as needed. Social Workers are available to connect patients to community resources, such as home care through the Visiting Nurse Association of Manchester and Southern New Hampshire. Many caregivers find the support of social workers to be beneficial when they’re unable to find needed services. Our Pharmacist works alongside the geriatrician to help manage medication issues and the side effects that may occur when treating multiple conditions.

Patients are scheduled for longer appointments to accommodate questions and to properly address the multiple health issues that may exist. The office and patient rooms are designed to increase comfort and access for the older patient.

The benefits of having a geriatrician at Elliot Senior Health Primary Care don’t end with the medical care. The practice is located within the Elliot Senior Health Center, which offers a full complement of medical services including X-ray, digital mammograms, physical rehabilitation, wellness clinics and screenings, educational programs, health seminars, a Coumadin clinic and much more. Our on-site Fitness Center is staffed by trained exercise specialists, and provides seniors with a safe, supervised, stress-free opportunity to stay in shape.

To learn more about how a Geriatrician may help you or a loved one, call Elliot Senior Health Primary Care at 663-7030. We welcome new patients! Office hours are also available in Londonderry.